

**Kim's Tae Kwon Do Training Log**

<b>Dates</b>	<b>Topic Coverd</b>	<b>Coach(s)</b>	<b>Hours Trained</b>
6/16/2006	Sambo Seminar	Aaron Fields	3
9/2-3/2006	Sambo Seminar	Aaron Fields	6
11/11-12/2006	Sambo Seminar	Aaron Fields	6
3/11/2007	Training at Seatown Sambo	Aaron Fields	3
9/14-16/2007	Sambo Summit Camp	Koepfer, Taktarov, Fields, DeRose	16
9/12-14/2008	Sambo Summit Camp	Koepfer, Humphreys, Fields, DeRose	16
11/15-16/2008	Sambo Seminar	Aaron Fields	6
10/16-18/2009	Sambo Summit Camp	Koepfer, Humphreys, Fields, DeRose	22
11/2009 - 6/2010	Sambo at Seatown Sambo	Aaron Fields	25
7/24-25/2010	Sambo	Igor Kurinnoy	10
10/22/2011	sambo summit	Koepfer, Humphreys, Fields, Fournet	6
<b>Total</b>			<b>119</b>